

HAMPSTEAD GYMNASTICS CLUB CIC

Terms and conditions of membership

Hampstead Gymnastics Club delivers one of the best General Gymnastic programmes in London. We have high levels of teaching and the children develop good behaviour and acquire an exceptional level of skill. We aim to provide a safe environment and work to enhance your child's development. The following summarises our main terms and conditions of membership.

Fees

All taught classes must be booked and paid in full in advance via our registration system. We operate three terms per year which are broadly in line with school terms.

Refund policy

We refund unused sessions if a gymnast decides within their first 3 sessions that they do not wish to continue the course. After the third session, refunds or credit will only be available if a gymnast is unable to attend due to an injury or illness for a prolonged period.

Trial classes

Most of our courses are fully subscribed and there is increasing demand for places so we do not offer trial classes. However, our refund policy operates if a gymnast decides within their first three sessions that they do not wish to continue the course.

Emergency contact details

Parents/carers must provide a current contact phone number and email address for all registered gymnasts. It is the responsibility of the parent/carer to update the contact details and any medical details in their registration account. It is essential that the Club has a current phone contact for all participants in case of an emergency.

Clothing, hair and jewellery

There is no obligatory club uniform. We recommend that gymnasts wear shorts/leggings and a t-shirt or a leotard if preferred. The main requirement is that the outfit is comfortable and allows ease of movement. Jeans are not appropriate.

Long hair must be tied back. Jewellery, including earrings is not permitted during sessions.

Food and drink

Food is strictly forbidden in the gym. Any snacks should be consumed away from the gym. Chewing gum is not permitted in the gym. We do encourage our gymnasts to bring some drinking water with them in a bottle marked with the gymnast's name.

Parents, carers and siblings

Under normal circumstances, our parents/carers are very welcome to stay in the gym during the class if they wish. Alternatively, parents/carers may leave their child in the gym and return at the end of the session. Parents/carers who remain in the Dome must not interfere in the tuition of their own or any other child during taught sessions.

Younger siblings may stay in the gym but if they prove disruptive, distracting or badly behaved then parents/carers may

be asked to refrain from bringing siblings into the gym.
Children who are not part of a class are not allowed on the equipment.

Gymnasts' behaviour

All gymnasts must treat the coaches and their fellow gymnasts with respect. It is essential that the classes are conducted in a safe disciplined manner. Any child who proves disruptive or indulges in behaviour which puts herself/himself or any other child at risk may be suspended or excluded at the Head Coach's discretion. Gymnasts should arrive in good time for their class to ensure that they take part in the warm up session which is an essential preparation for the full class. Any injuries or illness should be reported to the coaches before the warm up. Unsupervised use of the equipment or abuse of the equipment is not permitted. Gymnasts must remain in the gym at the end of their session until collected by their parent/carer unless specific permission has been given for older gymnasts to leave the premises.

Video and Photographs

In line with Child Safety practices, parents/carers are not allowed to video or photograph children within in the gym without permission from the coaches. Where permission is given, parents/carers are only allowed to video or photograph their own children. In events such as competitions and displays spectators will be permitted to video or photograph more freely. The club reserves the right to expel any person abusing this option. The venue is operated by Queens Crescent Community Association who have CCTV installed within the venue for Health & Safety monitoring and security purposes. CCTV footage may be shared with the Police or other statutory bodies in the event of an incident.

Force Majeure

Where our sessions are halted by circumstances beyond our control including on account of Royal Demise, Public or National calamity, epidemic, war, fire accident, electrical or mechanical failures, adverse weather, riots, public disturbance or any event which shall directly or indirectly affect or be likely to affect the Venue or on the Order or Request of any competent authority having jurisdiction in the matter, the club shall not be held liable for any loss or injury incurred as a consequence.

Reporting a concern

If you are unsure whether to report a concern then we recommend that you do raise it as soon as possible. If it relates to a specific incident then it is helpful to have a note of the date, name/description of those involved and the key facts. More general concerns should also be reported to the club. Coaches are bound by professional codes of conduct and will always treat all concerns with respect, discretion and confidentiality. We appreciate that it is not always possible to speak to a coach during normal teaching hours. You can email hampsteadgymclubCIC@gmail.com and the Welfare Officer will contact you by phone or email to follow up your concern without delay.